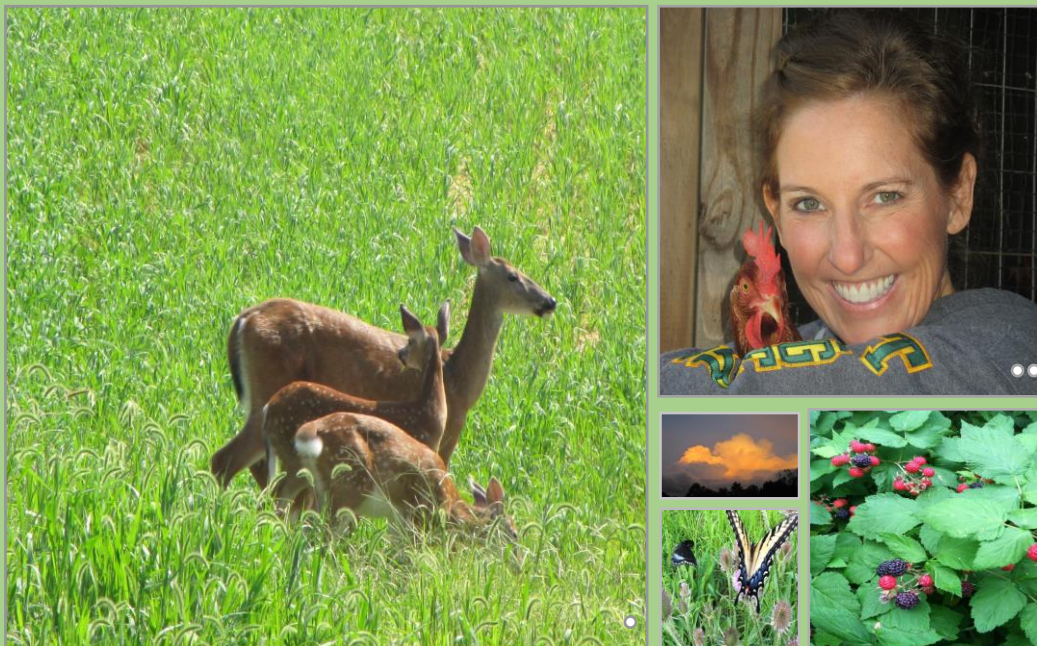


## Plowshares Farm Center for Education and Spirituality

presents an opportunity for immersion and reflection on the farm

# The Infinite in the Ordinary



### *Cosmological Connections Down on the Farm*

Join us on the farm for an experiential immersion into a world of interdependence. The simple, seemingly mundane tasks of farming, combined with mindful awareness, become a direct participation in the cosmic dance of life. This retreat will explore and celebrate the meaning of being human together in a world where everything connects.

#### *Co-facilitators*

**Matt Branstetter, Embodying the Way**, offers insights as a college instructor of World Religions and Ecospirituality, a dedicated student, practitioner, and instructor of Tai Chi, and an experienced massage therapist, as well as the lived experience of his own personal cosmic encounters with the small patch of woods he calls home.

**Bob Ernst, Plowshares Farm Center**, brings experience as a farmer, environmental educator, and retreat director and the perspective of 30 years of living into a deepening intimate relationship with the land and life of Plowshares Farm.

*Stargazing ✨ Campfire ✨ Milk Cow Encounter ✨ Creek Reflections ✨ Video ✨ Dialog*

**Friday, March 15, 7 p.m.-10 p.m.** *(Optional overnight in woodland camp includes 2 meals & snacks)*

**and/or Saturday, March 16, 9 a.m.-4 p.m.** *(Includes lunch and snack)*

Overnight \$100/person One-Day \$60/person

Contact (270)735-5265

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[plowsharesfarmcenter.com](http://plowsharesfarmcenter.com)